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Hey, I'm Pam!

So for starters, I need to admit that I had tried a few so-called weight loss teas before stumbling across the **Red Tea Detox**, and had lost a little hope in their effectiveness. Sure, you lose a little bit of weight at the beginning, but my experience was that a lot of it is water-weight, and on top of that, the tea usually tastes quite gross.

So it was a pleasant surprise to learn that the **Red Tea Detox** was completely different.

You see, it is all based on a traditional African recipe dating back centuries. Instead of just flushing out water or whatever else detoxes often do, this tea actually attacks fat cells that have built up over a lifetime, and burns through them, the same way exercise does.

Sound too good to be true? Well, that's what I initially thought! But having studied a lot in cultural studies about Africa in my college days, there was something that rang true to me regarding the history of the **Red Tea Detox**. And I was not disappointed.

Firstly, the ingredients are not what you think - but at the same time, easily accessible. I only needed to buy one ingredient from the supermarket, the rest I already had at home.

Secondly, it has a wonderfully fruity taste that is easy on the palate and super easy to drink. Hot or cold.

But thirdly... The results. Awesome results!

You see, I wasn't hugely overweight at all, but despite working out regularly and having a pretty healthy diet, I could never rid myself of those final few pounds. I always carried a little too much around the waist and thighs, and I thought they were destined to stay there.

But within days I started to feel a bit lighter in these areas, and within a couple of weeks, I could see a noticeable difference around my tummy. My legs felt thinner and more taut, and my hips and waist were leaner and more defined.

Fast forward another month and I've got the crazy hot body that I've always wanted but never been able to attain! Plus, I feel more confident about myself and my life than I've ever been.

I couldn't be happier with this product and recommend it to everyone!

- Pamela Young, Philadelphia, Pennsylvania